

Does your boyfriend or girlfriend put you down?

Do they stop you seeing your friends?

Do they demand access to your phone?

Do they check up on you?

Do they make you do stuff you don't want to do?

Do they blame you for the stuff they do wrong?

Do they make you feel uncomfortable?

Do they use you for stuff?

If they do any of that, this leaflet might help you out!

DAY Programme

Courses are running across the borough at various locations in Bexley.

Email DAY@bexley.gov.uk for further information or visit www.bexleydomesticabuseservices.org.uk

Courses are for a period of 10 weeks for 1 hour and are suitable for everyone between 14 and 24 years of age.



LOVE ME BACK

